



MOUNTAIN VALLEY TREATMENT CENTER

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Internship Opportunity: Residential Counselor

Employment at Mountain Valley Treatment Center is not just a job – it is a calling for those who seek the opportunity to work with bright, talented, anxious young people in an environment that is both supportive and challenging. Located near Dartmouth College in New Hampshire’s Upper Valley, Mountain Valley is a not-for-profit, short-term residential treatment program for adolescents and emerging adults of all genders, ages 13 to 20. Mountain Valley specializes in evidence-based treatment for those struggling with anxiety, OCD, and related disorders. Mountain Valley’s acclaimed clinical model utilizes Cognitive Behavioral Therapy (CBT), Exposure and Response Prevention (ERP), Acceptance and Commitment Therapy (ACT), and Occupational Therapy (OT) within an intentionally designed therapeutic milieu.

Our summer internship program is an opportunity for undergraduate and graduate students to work as members of our residential team as a residential counselor. Residential counselors are the primary care givers in our program who are responsible for supporting residents’ daily living (sleep, nutrition, exercise, etc.), facilitating their therapeutic activities, and helping residents in achieve their therapeutic goals by integrating clinical modalities into their daily lives. As a residential counselor, you will be fully immersed in the daily milieu experience. You can expect to learn about the clinical treatment of anxiety and OCD, develop clinical skills to apply in real-world situations, and experience firsthand what it is like to change the lives of youth suffering from mental health challenges.

Our internship program offers full-time pay and an opportunity to remain as a per-diem staff member after the summer months have ended. Staff receive fresh-cooked, farm-to-table meals prepared by our chef while on shift. Our interns will rotate through our various residential shifts which include days, evenings, and weekends.

If you are interested in joining our team as summer intern and would like to learn more about the position, please contact our HR Coordinator, Kristyn Laviola at:
hr@mountainvalleytreatment.org
or call (603) 726-0960

Full job description and eligibility requirements available upon request. Mountain Valley Treatment Center is an EEO employer.

