



## Daily Schedule

Monday		Tuesday		Wednesday		Thursday		Friday			
Green Group	Blue Group	Green Group	Blue Group	Green Group	Blue Group	Green Group	Blue Group	Green Group	Blue Group		
7:00	Wake Up, Morning Routine, Chore		Wake Up, Morning Routine, Chore		Wake Up, Morning Routine, Chore		Wake Up, Morning Routine, Chore		Wake Up, Morning Routine, Chore		7:00
7:30	Breakfast		Breakfast		Breakfast		Breakfast		Breakfast		7:30
8:30	Community Meeting		Community Meeting		Community Meeting		Community Meeting		Community Meeting		8:30
9:00	Morning Stewardship		Morning Stewardship		Morning Stewardship		Morning Stewardship		Morning Stewardship		9:00
10:15	Snack & Break		Snack & Break		Snack & Break		Snack & Break		Snack & Break		10:15
10:30	ERP: Psychoeducation		ERP: Skill Building		Yoga		ERP: Individual Exposures		ERP: Group Process		10:30
11:30	Lunch		Lunch		Lunch		Lunch		Lunch		11:30
12:30	Physical Wellness	OT	Therapy Study Hall	Adventure	Journal Your Journey	Nature's Classrom	Adventure	Therapy Study Hall	OT	Physical Wellness	12:30
1:30	Break		Break		Break			Break	Snack and Break		1:30
2:00	OT	Creative Expression	Farm-to-Table		Nature's Classrom	Journal Your Journey		Farm-to-Table	Creative Expression	OT	2:00
3:00	Snack/Shift Change		Snack/Shift Change		Snack/Shift Change		Snack/Shift Change		Snack/Shift Change		3:00
3:30	Clubs		Clubs		ERP: Experiential Day		Clubs		Clubs		3:30
5:00	Dinner		Dinner		Dinner		Dinner		Dinner		5:00
6:00	Evening Stewardship		Evening Stewardship		Evening Stewardship		Evening Stewardship		Evening Stewardship		6:00
7:00	Community Meeting		Community Meeting		Community Meeting		Community Meeting		Community Meeting		7:00
7:30	Community Time & Evening Routine		Community Time & Evening Routine		Community Time & Evening Routine		Community Time & Evening Routine		Movie Night		7:30
9:30	Room Time		Room Time		Room Time		Room Time		Room Time		9:30
10:00	Lights Out		Lights Out		Lights Out		Lights Out		Lights Out		10:00