



Daily Schedule

Monday		Tuesday		Wednesday		Thursday		Friday			
Green Group	Blue Group	Green Group	Blue Group	Green Group	Blue Group	Green Group	Blue Group	Green Group	Blue Group		
7:00 Wake Up, Morning Routine, Chore		7:00 Wake Up, Morning Routine, Chore		7:00 Wake Up, Morning Routine, Chore		7:00 Wake Up, Morning Routine, Chore		7:00 Wake Up, Morning Routine, Chore		7:00	
7:30 Breakfast		7:30 Breakfast		7:30 Breakfast		7:30 Breakfast		7:30 Breakfast		7:30	
8:30 Community Meeting		8:30 Community Meeting		8:30 Community Meeting		8:30 Community Meeting		8:30 Community Meeting		8:30	
9:00 Morning Stewardship		9:00 Morning Stewardship		9:00 Morning Stewardship		9:00 Morning Stewardship		9:00 Morning Stewardship		9:00	
10:15 Snack & Break		10:15 Snack & Break		10:15 Snack & Break		10:15 Snack & Break		10:15 Snack & Break		10:15	
10:30 ERP: Psycho - ED		10:30 ERP: Skill Building		10:30 Yoga/Mindfulness		10:30 ERP: individual Exposures		10:30 ERP: Group Process		10:30	
11:30 Lunch		11:30 Lunch		11:30 Lunch		11:30 Lunch		11:30 Lunch		11:30	
12:30 Therapy Study Hall	Physical Wellness	OT	Adventure	Nature's Classroom	Journal Your Journey	Adventure	OT	Creative Expression	Farm to Table	12:30	
1:30 Break		Break		Break			Break	Break		1:30	
2:00 Physical Wellness	Therapy Study Hall	Horticulture		Journal Your Journey	Nature's Classroom		Horticulture	Farm to Table	Creative Expression	2:00	
3:00 Snack/Shift Change		3:00 Snack/Shift Change		3:00 Snack/Shift Change		3:00 Snack/Shift Change		3:00 Snack/Shift Change		3:00	
3:30 Clubs		3:30 Clubs		3:30 ERP: Experiential Day		3:30 Clubs		3:30 Clubs		3:30	
5:00 Dinner		5:00 Dinner		5:00 Dinner		5:00 Dinner		5:00 Dinner		5:00	
6:00 Evening Stewardship		6:00 Evening Stewardship		6:00 Evening Stewardship		6:00 Evening Stewardship		6:00 Evening Stewardship		6:00	
7:00 Community Meeting		7:00 Community Meeting		7:00 Community Meeting		7:00 Community Meeting		7:00 Community Meeting		7:00	
7:30 Community Time & Evening Routine		7:30 Community Time & Evening Routine		7:30 Community Time & Evening Routine		7:30 Community Time & Evening Routine		7:30 Movie Night		7:30	
9:30 Room Time		9:30 Room Time		9:30 Room Time		9:30 Room Time		9:30 Room Time		9:30	
10:00 Lights Out		10:00 Lights Out		10:00 Lights Out		10:00 Lights Out		10:00 Lights Out		10:00	